Orientation for TU undergraduates on Short-stay program

5th March, 2018

**Note:**

**Please bring your lab coat for visiting clinic.** And **it’s strongly recommended that you bring at least one PC (installed ANTIVIRUS and most-updated) in your group in case of making any document.**

* Assignment

1. EXCEL Questionnaire

Please find the format, fill in “Pre-arrival Questionnaire” in advance. DON’T SUBMIT ME YET. Please submit me when you finish this program and fill out “After Program Questionnaire”. At that time Please CHANGE the name of file to “Mr/Ms YOUR NAME\_YOUR SCHOOL NAME\_Questionnaire 2017” upon submission.

2. WORD Report

Please write it freely and send to Dr. Ishida as an attached file.

Deadline is the date “the 31st March.

* Notice: Your Insurance against Health Problem/Accidents

It is absolutely important that each student/dentist carry adequate HEALTH/ACCIDENT INSURANCE THAT IS VALID IN JAPAN for the duration of your stay in Niigata. I’m sorry that Niigata University Faculty of Dentistry cannot be responsible with regard to any health issues, including especially insurance payment, of any visiting student at any time. We strongly recommend you to buy traveler’s insurance in advance in your country. Even though you would like to buy it in Japan, it might be much more expensive than that in your country. Of course you have any health problem during your stay, Dr Ishida will bring him/her to appropriate medical doctor(not university hospital).

* Accommodation

Undergraduates: Kouraku kaikan guesthouse

Address: 1-756, Asahimachi-dori, Chuo-ku, Niigata-shi（新潟市中央区旭町通1-756）Phone: None

Postgraduates: Country Hotel Niigata

Address: 6-1140-1, Honcho-dori, Chuo-ku, Niigata-shi (新潟市中央区本町通6番町1140-1)

Phone: 025-229-3300

* Internet

You can use Wi-Fi service in our dental school and in the hotel. I’m sorry there is no internet facility at the guesthouse Kouraku kaikan, and that free-WiFi service provided by Niigata city is not good condition around Kouraku Kaikan. It seems better for you to buy travel SIM card (information below) or rent a Wi-Fi router by yourselves because you are able to connect internet everywhere.

http://www.biccamera.com/bc/disp/CSfGoodsPage\_001.jsp?GOODS\_NO=3567968  
https://t.iijmio.jp/en/index.html  
https://t.iijmio.jp/en/apn/index.html

If you would like to use Wi-Fi in our dental school, you need to submit me “WiFi ADDRESS” of your phone or tablet (in advance if possible). Regarding laptop PCs, only PCs installed most-updated ANTIVIRUS correctly can be used in our school network. Please send me “WiFi ADDRESS” information or a screenshot via email. If you don’t understand, I will manage it when you come to our school.

* Visit Clinic

Please wear your lab coat whenever you visit clinic observation. You can carry your camera at clinic, however, please MAKE SURE your instructor whenever you would like to take photos in clinic. And DO NOT upload the photos taken in clinic on SNS such as Facebook or Instagram. Of course it is OK to upload some photos at session without patients such as experiments, model practice or with your Niigata friends at dinner or excursion. Regarding your phone, you can carry it in clinic, but DO NOT use it EXCEPT EMERGENCY. The doctors, staffs and patients in Japan are very sensitive when anyone wearing lab coat is using private phone in clinic. When you need break, please consult your instructor where you can sit down for a short time.

* Communication with Niigata students

One purpose of these programs is that Niigata University students will construct good friendship and relationship with partner schools’ students. During your stay, Niigata students often contact you and invite you dinner. PLEASE INSTALL the App “LINE” messenger asap in advance of your arrival in Japan so that they could easily communicate with you. Then, please add me as your LINE friends, my ID is “isdyok”.

* Contact Person:

Chief of the student exchange program: Prof. UOSHIMA [fish@dent.niigata-u.ac.jp](mailto:fish@dent.niigata-u.ac.jp)

Supporter: Dr. Marcelo Rosales [marcelo@dent.niigata-u.ac.jp](mailto:marcelo@dent.niigata-u.ac.jp)

Dr. Yoko ISHIDA [yishida@dent.niigata-u.ac.jp](mailto:yishida@dent.niigata-u.ac.jp)

★LINE(App)ID: isdyok　🡨-PLEASE INSTALL “LINE” in advance!

★Facebook: Look for “Yoko Ishida-Okumura”

* Useful Japanese Words:

SENSEI: doctor, teacher such as Yupin sensei, Ishida sensei

ARIGATO GOZAIMASU: Thank you very much (politely)

ONEGAI-SHIMASU: Please do it.

OHAYO GOZAIMASU: Good morning.